OUTSTANDING SPORTSMAN

Jizzakh branch of National University of Uzbekistan named after Mirzo Ulug'bek The Faculty of Psychology, the department of Foreign languages Philology and teaching languages **Teshaboyeva Nafisa Zubaydulla kizi** <u>nafisateshaboyeva@gmail.com</u> Student of group 401-22 **Iskandarova Sarvinoz Shukurullo qizi** sarvinoziskandarova874@gmail.com

Abstract: This article delves into the life and achievements of a distinguished Uzbekistani sportsman, focusing on his journey from humble beginnings to international acclaim. It explores the challenges and triumphs that have marked his career, the influence of cultural and socio-economic factors on his development, and his impact on sports in Uzbekistan. Through an analysis of his training regimes, competitive performances, and the broader context of sports development in Uzbekistan, the article aims to highlight the characteristics that make him an exemplary figure in Uzbek sports.

Keywords: Uzbekistan, sports, biography, international competitions, training, socio-economic impact, sports development, cultural influence.

In Uzbekistan, sports have not only been a medium of national pride but also a platform for showcasing outstanding talents who excel on international stages. Among these, the sportsman in focus in this article has risen through the ranks to become one of the most celebrated figures in his discipline. This sportsman, whose identity has been anonymized for privacy, has garnered numerous accolades and has significantly influenced the development of his sport both domestically and internationally. Born in a small town in Uzbekistan, the

Modern education and development

subject of this study was introduced to sports at a very young age. Growing up in a modest family, access to professional training facilities was limited. However, his innate talent and determination led him to make use of whatever resources were available. This section of the article explores his early life, the role of his family and community in fostering his talent, and his initial steps into the sports arena. As he grew older, his potential became evident to local coaches, who took a special interest in his development. This part discusses his transition from local sports facilities to national training centers, where he received professional guidance and support. It examines the training methodologies employed by his coaches, the adaptation to high-performance routines, and his physical and psychological preparation for competitions.

The core of this article focuses on his achievements, detailing his participation in national and international competitions. It provides a chronological account of his career highlights, including significant matches, medals won, and records set. This section also assesses his contributions to elevating the status of Uzbek sports on the global stage. Despite his successes, his career has been fraught with challenges. This segment discusses the obstacles he faced, including injuries, financial struggles, and the pressure of international competition. It also considers the socio-economic and political factors that impacted his career and how he managed to overcome these difficulties.

Artur Borisovich Taymazov is Uzbek-Russian wrestler and politician. He was Uzbekistan's most decorated Olympian before being stripped of two gold medals for doping. In 2016, he was elected to the 7th State Duma of the Russian Federation representing United Russia. On 5 April 2017, it was announced that as a result of retesting samples he had been disqualified from the 2008 Olympics for a drug violation, and his gold medal was withdrawn. On 23 July 2019, it was announced that as a result of retesting samples he had been disqualified from the 2012 Olympics for a drug violation, and his gold medals were re-allocated to Russian wrestlers, Taymazov said he was nonetheless happy to "bring" two golds to Russia.

Modern education and development

Ruslan Shamilevich Chagaev is an Uzbekistani former professional boxer who competed from 2001 to 2016. He held the WBA heavyweight title twice and was the first Asian boxer to win a world heavyweight title by any of the four major sanctioning bodies. As of October 2021, BoxRec ranks Chagaev as the seventh greatest Asian fighter of all time, pound for pound. He was ranked as a top 10 heavyweight or contender by The Ring magazine at the conclusion of each year between 2006 and 2015; at the end of 2008 he was ranked third, only behind the Klitschko brothers. Chagaev is one of a few professional boxers to resume his amateur boxing career after a few professional bouts in 1997. He was reinstated as an amateur by the AIBA the following year as his professional bouts were declared exhibitions. As an amateur, Chagaev won gold medals at the 2001 World Championships and 1999 Asian Championships, in the heavyweight and superheavyweight divisions respectively.

Nodirbek Abdusattorov is an Uzbek chess grandmaster. A chess prodigy, he qualified for the grandmaster title at the age of 13 years, 1 month, and 11 days. FIDE awarded him the title in April 2018. Abdusattorov won the World Rapid Chess Championship 2021, becoming the youngest ever World Rapid Champion at 17 years and 3 months, and the youngest ever open world chess champion in any time format, breaking the record held by Magnus Carlsen, who was 18 years old when he won the World Blitz Chess Championship 2009. Abdusattorov defeated Ian Nepomniachtchi in a tiebreaker match to win the 2021 Championship. In 2022, Abdusattorov played board 1 for Uzbekistan at the 44th Chess Olympiad, where his team won gold and he won an individual silver medal for his board 1 performance. Abdusattorov also holds the record for the youngest player to attain a rating of over 2400. In April 2024, he ranked No. 4 in the world.

The champion of the 2016 Olympic Games in Rio de Janeiro in the weight category of 49 kg **Hasanboy Dusmatov** was named as the best of the athlete of Uzbekistan in 2016. Ministry of Culture and Sport Affairs of Uzbekistan summed up the results of 2016 and named the best athletes of the year. Earlier, Hasanboy Dusmatov was also named as the AIBA Best Elite Men Boxer 2016.

Ulugbek Rashitov is an Uzbekistani taekwondo practitioner. In 2021, he won the gold medal in the 68 kg event at the 2020 Summer Olympics held in Tokyo, Japan. In 2019, he won the gold medal in the 58 kg event at the Military World Games held in Wuhan, China. In 2018, he won the silver medal in the boys' 48 kg event at the Summer Youth Olympics held in Buenos Aires, Argentina. In 2019, Rashitov won the gold medal in the 55 kg event at the Asian Junior Taekwondo Championships.

Bakhodir Jalolov is an Uzbekistani professional boxer who won a bronze medal at the 2015 World Championships, and gold at the 2019 and 2023 World Championships and 2020 Summer Olympics. He also competed at the 2016 Summer Olympics, and acted as Uzbekistan's flag bearer at the 2016 and 2020 Olympic Games. Bakhodir Jalolov participated in the 2015 AIBA World Boxing Championships, held in Doha, Qatar in October 2015. After an unsuccessful run in the 2017 AIBA World Boxing Championships, where he was eliminated in the second round by Kamshybek Kunkabayev, Jalolov next found success in the 2019 AIBA World Boxing Championships. After beating Tsotne Rogava by decision in the first round, Richard Torrez by knockout in the second round and Maxim Babanin by decision in the semifinals. Jalolov faced Kamshybek Kunkabayev in the finals and beat him by unanimous decision.

Oksana Aleksandrovna Chusovitina is an Uzbekistani artistic gymnast. Chusovitina's career as an elite gymnast has spanned more than three decades. She won the USSR Junior Nationals in 1988 and began competing at the international level in 1989 before many of her current rivals were even born. She is the only gymnast ever to compete in eight Olympic Games, and is one of only two female gymnasts to compete at the Olympics under three different national teams: the Unified Team in 1992; Uzbekistan in 1996, 2000, 2004, 2016 and 2020; and Germany in 2008 and 2012. She is one of the 18 Olympians and 6 female Olympians to participate in 8 different Olympics. Chusovitina has also competed in 16 World Championships, four Asian Games, and three Goodwill Games. Chusovitina is one of the few female gymnasts to return to international competitions after becoming a mother.

Denis Olegovich Istomin is an Uzbekistani former professional tennis player. He won two singles titles (at the 2015 Aegon Open Nottingham and 2017 Chengdu Open) and achieved a career-high singles ranking of world No. 33 in August 2012. In January 2017, he defeated defending champion Novak Djokovic in the second round of the Australian Open.

Ravshan Sayfiddin o'g'li Irmatov is an Uzbek professional football referee. He officiated in the Uzbek League from 2000-2019 and internationally from 2003-2019. Irmatov holds the record for officiating the most FIFA World Cup matches with 11. In June 2019, Ravshan Irmatov was appointed as the first Vice-President of the Uzbekistan Football Association. The first Vice-President of this organization is the de facto leader of Uzbekistan's football. He began reforms in Uzbekistani football after long criticism and corruption scandals in the country's football. During the inauguration, he said, "If we all come together and work for the same goal, we will overcome any difficulties".

The influence of this sportsman extends beyond his personal achievements. This part evaluates his role as a mentor to younger athletes and his involvement in various initiatives aimed at promoting sports among Uzbek youth. It also looks at how his success has inspired policy changes and increased investment in sports infrastructure and development programs in Uzbekistan.

In conclusion, the remarkable journey of this Uzbekistani sportsman from a modest upbringing to international stardom encapsulates the essence of determination, resilience, and talent. His story is not merely one of personal triumph but a reflection of the potential within Uzbekistan's sporting framework and the broader socio-cultural fabric of the nation. Throughout his career, he has not only set benchmarks in his sport but also served as a catalyst for the development of sports in Uzbekistan, inspiring a new generation to pursue excellence. The sportsman's ascent to the pinnacle of his discipline is marked by significant achievements and accolades. His numerous victories in national and international competitions have brought him, and by extension his country, into the global spotlight, elevating Uzbekistan's status in the international sports arena. This success story underscores the importance of nurturing talent from a grassroots level, highlighting the critical role of accessible sports programs and facilities in small towns and communities.

Moreover, his journey underlines the profound impact of socio-economic and cultural factors on athletic success. Despite facing substantial obstacles such as limited access to elite training facilities and financial constraints, his unvielding spirit and dedication have seen him overcome these barriers. This aspect of his narrative is particularly poignant, offering valuable insights into the challenges faced by athletes from less affluent backgrounds and the systemic changes required to support their growth. The sportsman's contributions extend beyond his individual successes. As a mentor and role model, he has actively participated in initiatives aimed at promoting sports among the youth of Uzbekistan. His involvement has spurred improvements in sports infrastructure and policies, contributing to a more robust framework for sports development in the country. His legacy is evident in the increased investment in sports programs and the rising interest in sports participation among the Uzbek youth, signaling a bright future for the nation's sports culture. The life and career of this outstanding Uzbekistani sportsman exemplify the transformative power of sports. His achievements have not only carved out a place for him in the annals of sports history but have also had a ripple effect, influencing socio-economic policies and cultural perceptions within Uzbekistan. His legacy is a testament to the enduring impact of sports on national identity and international standing, and his story continues to inspire both current and future generations. The exploration of his life and impact offers fertile ground for further research into the socio-economic implications of sports and its role in shaping national and international narratives. As Uzbekistan continues to nurture its sporting talent, the influence of this sportsman will undoubtedly play a pivotal role in shaping the country's sports destiny. This article opens several avenues for future research, including comparative studies with other sports figures from similar backgrounds and in-depth analyses of the socio-economic impacts of sports development in Central Asia. Further research could also explore the long-term effects of such sports personalities on national identity and international perceptions.

Reference

1. "Artur Taymazov Biography." <u>Olympics.com</u>. Accessed January 25, 2024.

2. "Denis Istomin." ATP Tour. Accessed January 25, 2024.

3. Teshaboyeva Nafisa Zubaydulla, & Iskandarova Sarvinoz Shukurullo qizi. (2023). THE CLASSIFICATION OF SYNONYMS AND THEIR SPECIFIC FEATURES. "XXI ASRDA INNOVATSION TEXNOLOGIYALAR, FAN VA TA'LIM TARAQQIYOTIDAGI DOLZARB MUAMMOLAR" Nomli Respublika Ilmiy-Amaliy Konferensiyasi, 1(12), 126– 131.

4. Nafisa, T. (2023). THE USA ECONOMY, INDUSTRY, MANUFACTURING AND NATURAL RESOURCES OF GREAT BRITAIN. INTERNATIONAL JOURNAL OFRECENTLY **SCIENTIFIC** RESEARCHER'S THEORY, 1(9), 94-97.

5. Nafisa, T. (2023, December). Secondary ways of word formation. In " *Conference on Universal Science Research 2023*" (Vol. 1, No. 12, pp. 109-112).

6. Nafisa, T. (2023). VOWELS AND THEIR MODIFACATIONS. Новости образования: исследование в XXI веке, 2(16), 298-305.

7. Nafisa, T. (2023, December). Secondary ways of word formation. In " *Conference on Universal Science Research 2023*" (Vol. 1, No. 12, pp. 109-112).

8. Nafisa, T. (2023). THE EDUCATION SYSTEM OF THE USA: PRESCHOOL EDUCATION, SECONDARY AND HIGHER EDUCATION, SCHOOL FORMS. *The Role of Exact Sciences in the Era of Modern Development*, 1(6), 53-57.

9. Qizi, T. N. Z., & Umedovich, M. Y. (2023). AMERICAN-BASED PRONUNCIATION STANDARDS OF ENGLISH. *Scientific Impulse*, 2(15), 563-567.

10. Nafisa, T. (2023, December). Word Formation: Compounding. In " Conference on Universal Science Research 2023" (Vol. 1, No. 12, pp. 113-115).

11. Rakhmankulovna A. S. PEDAGOGICAL STRATEGY OF DEVELOPMENT OF COMPETITION IN YOUNG PEOPLE OF PROFESSIONAL EDUCATION //International Scientific and Current Research Conferences. – 2023. – C. 18-20.

12. Nafisa, T. (2023). NOUNS AND THEIR GRAMMATICAL CATEGORIES. Новости образования: исследование в XXI веке, 2(16), 292-297.

13. Ojha, D. D. R. (2023). Teshaboyeva Nafisa Zubaydulla qizi.

14. Nafisa, T. (2023). POLITICAL PARTIES IN GREAT BRITAIN. Нововведения Современного Научного Развития в Эпоху Глобализации: Проблемы и Решения, 1(5), 97-101.

15. Nafisa, T. (2023). GOVERNMENTAL SYMBOLS OF GREAT BRITAIN; OUTSTANDING DATES OF GREAT BRITAIN. *The Role of Exact Sciences in the Era of Modern Development*, 1(6), 23-26.

16. Nafisa, T. (2023). POLITICAL PARTIES IN GREAT BRITAIN. Нововведения Современного Научного Развития в Эпоху Глобализации: Проблемы и Решения, 1(5), 97-101.

17. Ma'ripov J. Antroposentrizm–tilshunoslikning zamonaviy yonalishi sifatida //Инновационные исследования в современном мире: теория и практика. – 2022. – Т. 1. – №. 28. – С. 62-68.

18. Qizi, T. N. Z., & Umedovich, M. Y. (2023). AMERICAN-BASED PRONUNCIATION STANDARDS OF ENGLISH. *Scientific Impulse*, 2(15), 563-567.

19. Rakhmankulovna A. S. THE ROLE OF EDUCATION AND TRAINING IN PROFESSIONAL TRAINING AND THE IMPORTANCE OF

FOREIGN LANGUAGES IN THE FORMATION OF PROFESSIONAL COMPETENCIES OF STUDENTS //International Journal of Advance Scientific Research. – 2023. – T. 3. – №. 09. – C. 58-62.

20. Ma'ripov J. K. A BRIEF INFORMATION ABOUT TENSES //O'ZBEKISTON RESPUBLIKASI OLIY VA O'RTA. – C. 464.