

**SOCIAL LIFE: NEW REFORMS. CINEMA, THEATRE,
MUSEUMS, SPORTS, OUTSTANDING SPORTSMAN OF
UZBEKISTAN AND THEIR CONTRIBUTION TO THE
DEVELOPMENT OF SPORTS**

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Annotation: *This article discusses the impact of new reforms on the social life of Uzbekistan, focusing on advancements in cinema, theatre, museums, and sports. It also highlights the contributions of outstanding sportsmen in Uzbekistan to the development of sports within the country, showcasing their achievements and influence on the sporting community.*

Key words: *sportsmen, development, achievements, contribution, advancements.*

Uzbekistan is a country with a rich cultural heritage and a vibrant social life, characterized by an evolving landscape of cinema, theatre, museums, and sports. Recent reforms have contributed to the dynamic development of these sectors. Below is an overview of each area and their contributions to Uzbekistan's social and cultural landscape.

Cinema. Uzbekistan's cinema industry has experienced a revival in recent years, with new films and projects highlighting the nation's culture and stories. Reforms in the cinema industry include:

- Increased funding: Government support for the film industry has grown, encouraging the production of more films that reflect Uzbekistan's unique history and contemporary issues.

- Film festivals: The establishment of film festivals such as the Tashkent International Film Festival has created a platform for filmmakers to showcase their work and connect with international talent.

- International collaborations: Partnerships with foreign filmmakers and studios have helped bring new techniques and perspectives to Uzbek cinema.

Theatre. Theatre in Uzbekistan has a long tradition, with new reforms revitalizing the scene. Key developments include:

- Modernization of theatres: Many theatres have been renovated to offer better facilities for audiences and performers. This includes updated technology for lighting and sound.

- Support for local productions: Government incentives for local productions have encouraged the creation of plays and performances that resonate with Uzbek audiences.

- Theatre education: The establishment of theatre schools and workshops has fostered new talent and innovation in theatrical performances.

Museums. Uzbekistan is home to a rich collection of museums that reflect its history and culture. Recent reforms in the museum sector involve:

- Improved access: Museums are becoming more accessible, with extended hours, better facilities, and digitalization of exhibits.

- Cultural preservation: Efforts to preserve Uzbekistan's cultural heritage are reflected in museum exhibits that showcase ancient artifacts, art, and historical documents.

- Interactive exhibits: New technology and interactive exhibits are engaging a broader audience and making museums more attractive to young people.

Sports. Sports play a significant role in Uzbekistan's social life, with reforms aimed at promoting physical activity and competitive excellence. Notable reforms include:

- Investment in sports infrastructure: New sports facilities and stadiums have been constructed to host national and international events.
- Sports programs for youth: Government programs encourage young people to engage in sports, with a focus on developing future talent.
- International competitions: Uzbekistan has hosted and participated in international sports events, providing exposure for its athletes.
- Outstanding sportsman of Uzbekistan:

Uzbekistan has produced several outstanding sportsmen who have made significant contributions to the development of sports. Artur Taymazov a wrestler and multiple Olympic gold medalist, Taymazov is one of Uzbekistan's most successful athletes. His achievements have inspired many young wrestlers in the country. Ruslan Chagaev a former WBA heavyweight boxing champion, Chagaev's success in boxing has brought attention to the sport in Uzbekistan. Denis Istomin a professional tennis player, Istomin has represented Uzbekistan at the highest levels of tennis, including the Grand Slam tournaments.

These athletes and others have not only brought recognition to Uzbekistan but have also contributed to the growth and popularity of sports in the country. The ongoing reforms and continued support for sports, cinema, theatre, and museums are helping to shape a vibrant social life in Uzbekistan.

In Uzbekistan, football is a widely popular sport, with teams like FC Bunyodkor and FC Pakhtakor Tashkent competing in domestic and international leagues. The Uzbekistan national football team has had successes in regional competitions, showcasing the country's strong football tradition. -Wrestling is another major sport in Uzbekistan, with athletes excelling in both traditional styles like kurash and modern styles like freestyle wrestling. Uzbek wrestlers have won medals at international competitions, highlighting the country's prowess in this sport. -Uzbekistan has a strong presence in martial arts, with athletes competing in disciplines like judo, taekwondo, and boxing. The country has produced world-class fighters who have represented Uzbekistan with distinction on the global stage. -Gymnastics is also popular in Uzbekistan, with

the country fielding competitive teams in both artistic and rhythmic gymnastics. Uzbek gymnasts have achieved success at the Olympic Games and other major international competitions, further diversifying the country's sporting achievements. Furthermore, sports diversity can also help to educate individuals about the importance of acceptance and understanding of different cultures and perspectives. By bringing together individuals from diverse backgrounds, sports can serve as a platform for promoting tolerance and respect for others. This sense of unity and camaraderie that comes from participating in sports can have a positive impact on mental wellness and foster a sense of belonging. Through the promotion of wellness in sports diversity, individuals can not only improve their physical health but also their mental and emotional well-being.

Our country has successfully hosted international competitions. At the Asian Boxing Championship in Tashkent in May, our athletes won gold medals in nine out of ten weight categories. The head of our state has carried out certain tasks on training, retraining and advanced training in the field of physical culture and sports. The Uzbek State Institute of Physical Culture, which is the main educational institution in this area, has been moved to Chirchik. As a result, the institute has the necessary infrastructure for the training and education of qualified athletes and coaches, as well as the opportunity to build a modern sports camp. The institute has also introduced distance learning from the 2017/2018 academic year. A center for scientific and methodological support, retraining and advanced training of specialists in physical culture and sports has been established at the Uzbek State Institute of Physical Culture. To date, the center has trained more than 800 employees. Tasks were also given and implemented to further improve the activities of the institute, the introduction of new innovative technologies in the educational process, the establishment of special laboratories for scientific research. -The need to develop a program for 2018-2020 on the basis of scientific achievements. The Resolution of the President of the Republic of

Uzbekistan dated June 3, 2013 "On measures to further develop physical culture and mass sports" was another important document in this area. With this decision, a program for the further development of physical culture and mass sports in the Republic of Uzbekistan was adopted. The program envisages spending more than 995.2 billion soums for the further development of physical culture and mass sports in 2017-2021, 167 sports facilities, including 90 sports complexes and 77 swimming pools to strengthen the material and technical base of sports schools. construction, reconstruction, overhaul, equipping and re-equipment. This year, 153 playgrounds have been repaired, 232 modern playgrounds and a sports complex specializing in Olympic and national sports have been commissioned in Nukus.

The power and social-educational significance of propaganda in the deepening of physical culture and sports, national games and tourism in the daily life of the population is felt. It is a requirement of the time to promote the main directions of physical culture and sports in a more comprehensive and effective way in achieving the physical perfection of future generations. For this reason, young professionals, scientists, educators, especially masters and students must be directly involved in such a large-scale, multifaceted advocacy work, constantly improving their theoretical knowledge and practical skills.

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