

**SPECTRUM OF DISEASES CAUSED BY MORPHO-FUNCTIONAL  
DISORDERS ORGANIZATION OF ENDOCRINE CELLS IN THE  
COLON**

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**Resume.** *Endocrine cells of the mucous membrane of the gastrointestinal tract regulate intestinal activity plays an important role in laying. Macoladagastroenteropancreatic diffusion endocrine system systems the relationship between pathology, clinical presentation and Morpho-functional structure has been described. The importance of endocrine cells in the development of affected intestinal syndrome is also considered. In the article microscopic examination of biopsy samples of the colon mucosa in various diseases also described. Particular attention has been paid to rare neuroendocrine tumors.*

**Keywords:** *APUD-system, Es1-cells, L-cells, D1-cells, D-cells, repaired intestinal syndrome.*

**Abstract.** *Endocrine cells of the mucosal lining of the gastrointestinal tract play an important role in the regulation of bowel functions. The article describes the relationship between pathology, clinical picture and morpho-functional organization of cells of the gastroenteropancreatic diffuse endocrine system. The importance of endocrine cells in the development of irritable bowel syndrome is also considered. Microscopic examination of biopsy specimens of the colon mucosa in various diseases is also described in the article. Particular attention is paid to neuroendocrine tumors, which are rare epithelial neoplasms.*

Endocrine epithelial cells of the gastrointestinal mucosa are an important cellular component that performs local para- and autocrine regulation of intestinal functions. Microscopic examination of biopsies of the colon mucosa in some inflammatory and tumor diseases revealed a relationship between the pathomorphogenesis of the disease, the clinical picture, and the morpho-functional organization of cells of the gastroenteropancreatic diffuse endocrine system. 2014-2023, No. 4 (146) Problemy biologii i meditsiny [Problems of Biology and Medicine]. The first significant disease caused by these cells is neuroendocrine tumors (NETs). Due to the fact that cells of the gastroenteropancreatic system belong to the APUD-system, such new formations are commonly referred to as "apudomas", and the term gastrointestinal neuroendocrine tumor has recently been internationally approved. They are relatively rare epithelial neoplasms. The cellular composition of the epithelium of the colon mucosa is heterogeneous depending on the department, which is associated with statistical differences in the frequency of occurrence of various types of NET. For example, in the cecum and cervix, ascending colon, and navel colon, neuroendocrine tumors most often develop from EC1 cells that produce serotonin; in the descending colon, sigmoid colon, and rectum, NETs originate from L cells that produce a glucagon-like peptide [7]. In 2010, WHO approved, and later, the classification of neuroendocrine tumors of the gastrointestinal tract was revised: 1) Grade 1: highly differentiated neuroendocrine tumor; 2) Grade 2: highly differentiated neuroendocrine tumor; 3) Grade 3: low-differentiated neuroendocrine cancer; 4) Mixed adenoneuroendocrine carcinoma (MANEC); 5) Hyperplastic and precancerous processes [10,11]. Clinical manifestations of the initial stages of NET development are poorly expressed or absent. The NET of the appendix is characterized by a distal location, the tumor often grows into the muscle membrane and grows into the surrounding tissue (T3 according to the TNM classification). With the proximal location of the tumor and its exophytic growth, obturation of the appendix process occurs, accompanied by

inflammation of the appendix. Even at the distal position without obturation, symptoms of inflammation occur, which is caused by the overproduction of serotonin by tumor cells and its effect on the process wall. As a rule, in such cases, appendectomy is performed for acute appendicitis, and already intra operatively a tumor of the upper extremity is detected. Very rarely, distant metastases occur in the liver, peritoneum, ovaries, and retroperitoneallymph nodes. Carcinoid syndrome is not always pronounced, and the prognosis is most often favorable[6]. Colon tumors are diagnosed at late stages due to the erased clinical picture, often with routine instrumental examination. Carcinoid syndrome occurs in less, than 20% of cases, even in the presence of distant metastases. With exophytic growth in the lumen of the large intestine, obstructive intestinal obstruction occurs, with which patients turn to a specialist who detects neo examination during the examination. Ultrastructural epithelial changes in patients with colorectal cancer include an increase in the mass of the extra cellular matrix, the appearance of myelin like structures, numerous apoptotic cells, and the presence of mast and plasma cells in the area surrounding the tumor. The division of tumors depends on the degree of its differentiation. Highly differentiated NEOS are characterized by a trabecular or alveolar structure, the presence of fibrous "plaques" between clusters of endocrinocytes. Highly differentiated NEOS of small-cell type are composed of cells of round, oval, elongated plasma with a high nuclear-cytoplasmic ratio and not clear boundaries. Large cell-type NEOAP consist of cells characterized by low nuclear-cytoplasmic ratio and pronounced cell atypia, including distinct nuclear polymorphism. Non-differentiated colon O NEOS are similar in structure to low-differentiated adenocarcinomas. Main immunohistochemical markers neuroendocrine tumors of the colon are: serotonin, chromogranin A, substance, and neuron-specific enolase [9, 8, 3]. Another pathology in the development of which endocrine cells are of great importance is irritable bowel syndrome (IBS). IBS is a chronic disease with recurrent abdominal pain, flatulence, and intestinal discomfort. The pathogenesis and etiology of the disease are insufficiently studied, but the

relationship between the occurrence of pathology and psychoemotional stress, unbalanced speech, impaired motility and secretion of the gastrointestinal tract, and dysbiosis of this organ has been established. The greatest number of cases is among female patients aged 20-40 years. The clinical picture is described in Roman Criteria IV: abdominal pain lasting at least 3 days for a month, for at least 3 months, discomfort subsides after the act of defecation, and the frequency and shape of stool vary. According to a study conducted in 2022 by N. V. Mayym, M. A. Osadchuk, V. O. Burdi Noi and others [2], the results of biopsy of the sigmoid colon mucosa in patients with different types of IBS indicate that the density of endocrine cells changes in the epithelial lining. Thus, among patients with IBS accompanied by diarrhea, there is a statistically significant increase in the number of endocrine cells producing vasoactive intestinal polypeptide (D1-cells), as well as a lower density of somatostatin-secreting cells (D-cells) compared to the control group. In groups with constipated IBS, there was a decrease in the number of endocrine cells producing vasoactive intestinal polypeptide and an increase in the number of somatostatin-producing cells compared to the control group [4, 5]. "mixed" cells containing both D1- and mucosal granules, as well as D1- and D2- are also isolated. In endocrine cells, the following morphological features are present: swelling of mitochondria, the presence of endocrine granules in the Golgi complex, its location near the nucleus, and expansion of the perinuclear space. In the epithelium, there is a pronounced expansion of intercellular contacts. Some cells are de-granulated, and there are areas of cleavage in the cytoplasm просветления due to a decrease in the number of secreting granules and the expansion of EPS channels. Cases of endocrine cells arranged in groups have been recorded, which is not observed in normal cases. In the depths of the crypts, rare poorly differentiated endocrine cells with a large nucleus, a high nuclear cytoplasmic ratio, polysomes, and rare secretory granules were found, the number of which still does not allow determining the cell type [1]. The significance of cells of the neuroendodermal differentiation variant continues to be studied. In particular, the question of their involvement in the

pathomorphogenesis of inflammatory bowel diseases, such as Crohn's disease and ulcerative colitis, remains unresolved Conclusion. Changes in the morphofunctional organization endocrine cells are an important criterion for the development of pathology. Studying the mechanisms of their participation in the formation of the disease is a promising area of pathological anatomy.

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